



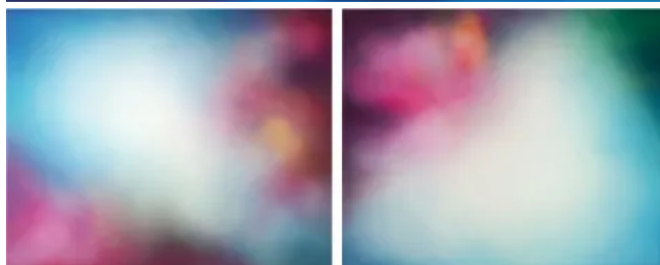
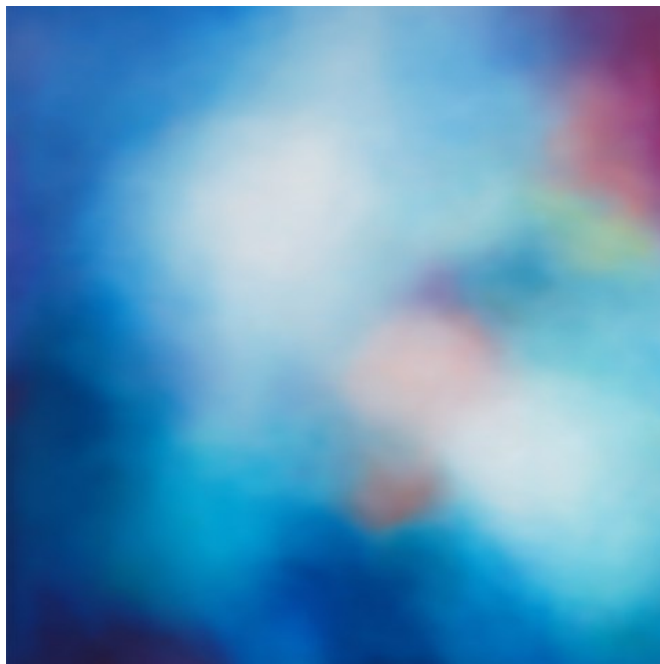
ABSTRACT ART DAILY ARTSY PAINTINGS

## Slowing. Tracy Rocca.

*Posted on August 12, 2015*

Busyness. For a long time we seemed to pride ourselves on it, comparing schedules at dinner parties like trading war stories. Somewhere along the line we were brainwashed into thinking busyness = importance, worth, value.

But really the opposite is true. When we are whirring through life, we fail to notice the gleam of the sunlight through flower petals, the slow pace of the clouds, the need in the eyes of a stranger.



MEET THE ARTSY



My name is Lesley Frenz and I am a painter. I am finding my way. Artsy Forager is my travel journal of sorts, where I share my inspiration, my work, my life as an artist, explorer, and traveler. I would love for you to join me as I walk this path.

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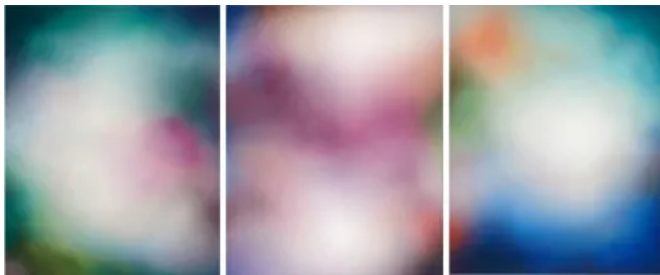
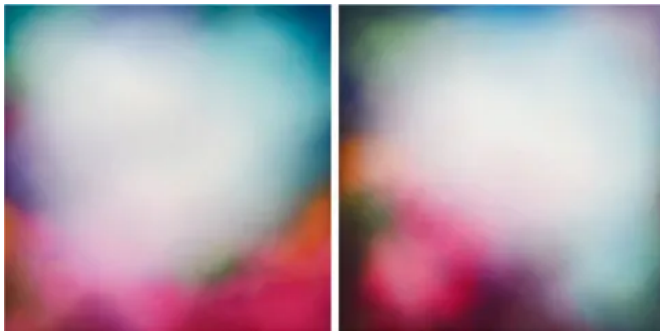
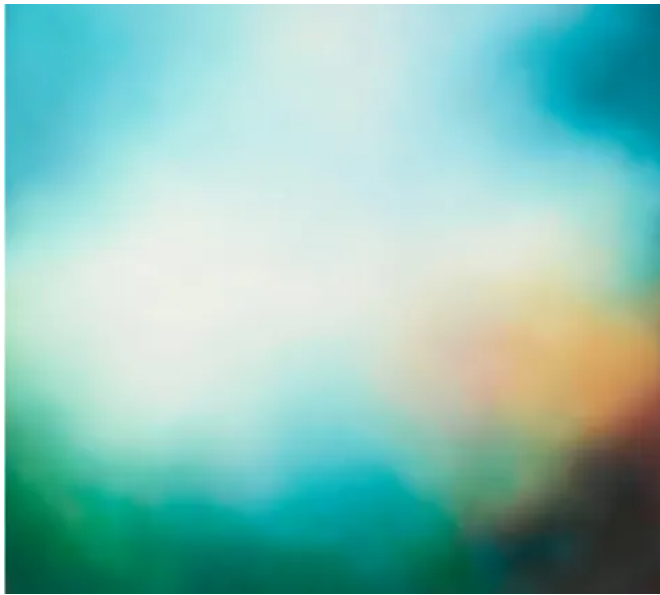


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The paintings of Albuquerque artist Tracy Rocca arise “from a conscious effort to slow down”. In applying thin glazes of color, Rocca arrives at these luminous, pulsating paintings. Like blown out photographs after a camera shutter opened too long, they seem to take the world in but with a slower, more mindful glance. Our eyes search for their focus, gently, lazily.

To see more of Tracy Rocca’s work, please visit her website.

All images are via the artist’s website. Artist found via Winston Wachter Seattle.



By LESLEY

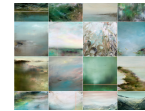
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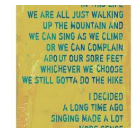
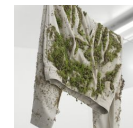
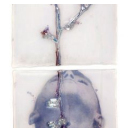
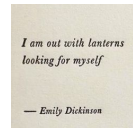


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ARTSY IN FINE PRINT

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All while highly caffeinated.



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