

(f) FRACTION

ISSUES ARTISTS BOOKS ABOUT

She Told Us To Trust Our Intuition by Deb Achak

Issue 99

My mother's last words to my siblings and I before she died were "trust your gut instincts". It's struck me over the years how profound and revolutionary that one simple phrase is. It has become my mantra — my north star. When we still our mind, free it of conscious thought, intuition can be heard and felt, and becomes the perfect guide. Some years ago, I started to notice that when I am in a deep flow with my art, it becomes a meditation and I am able to hear my inner voice with complete clarity. In this series I use water, color, movement and the human form to express the meditative quality I feel when I am in sync with the flow of creating. I seek to capture that single moment where my camera, my intuition, and the natural world are perfectly aligned, and to give gratitude to my mother for bestowing such a powerful parting gift.

Deb Achak lives and works in Seattle, Washington.

To view more of Deb's work, please visit her [website](#) or follow her on [Instagram](#).

To purchase work please contact her representation at [Winston Wächter](#).

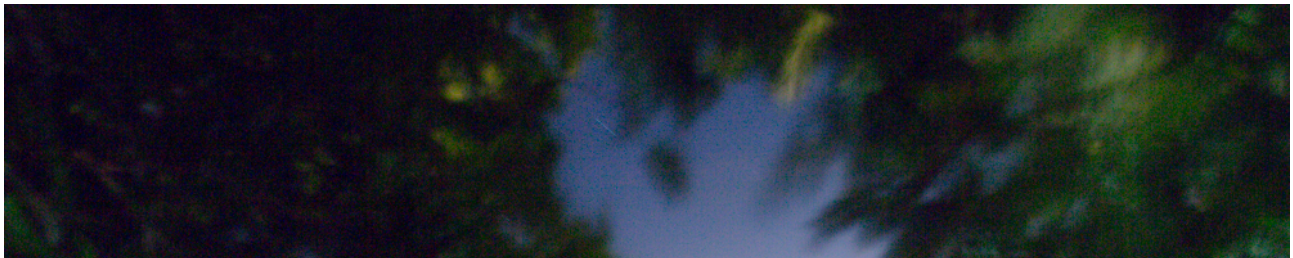


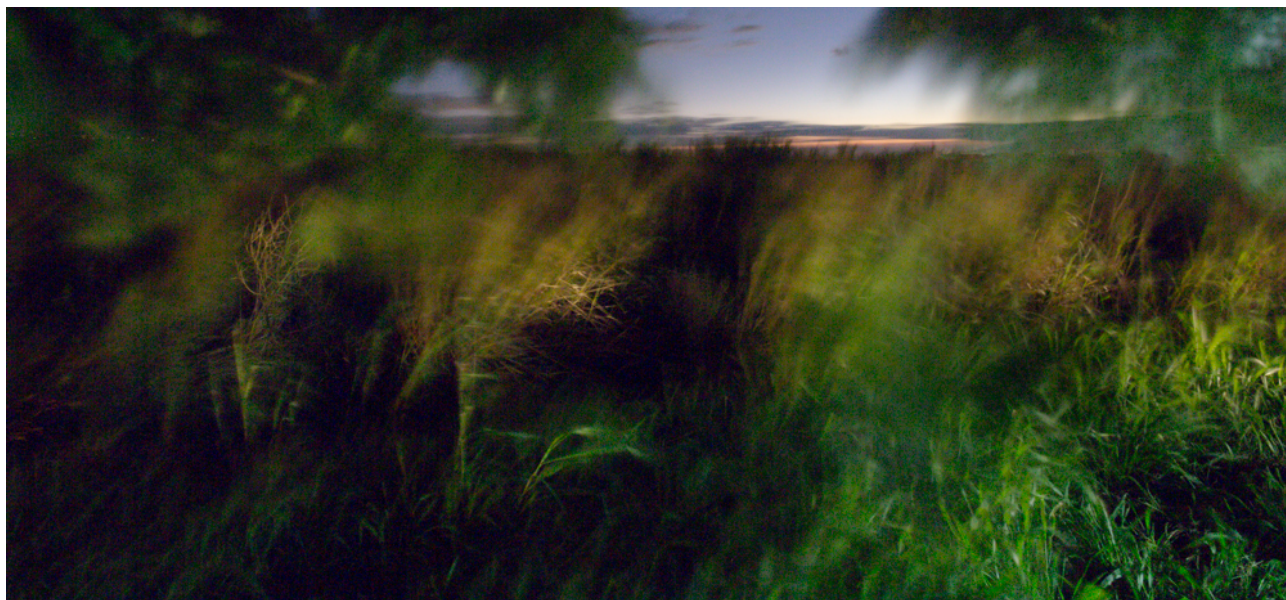


The Half Written Poem



Untitled





Hāli'imaile

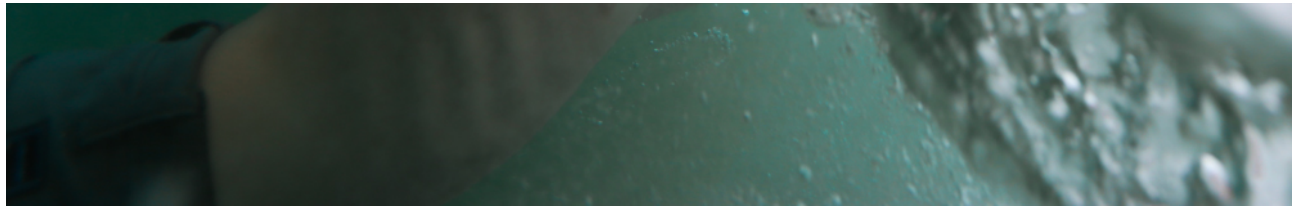


Six is Green



Star Dust

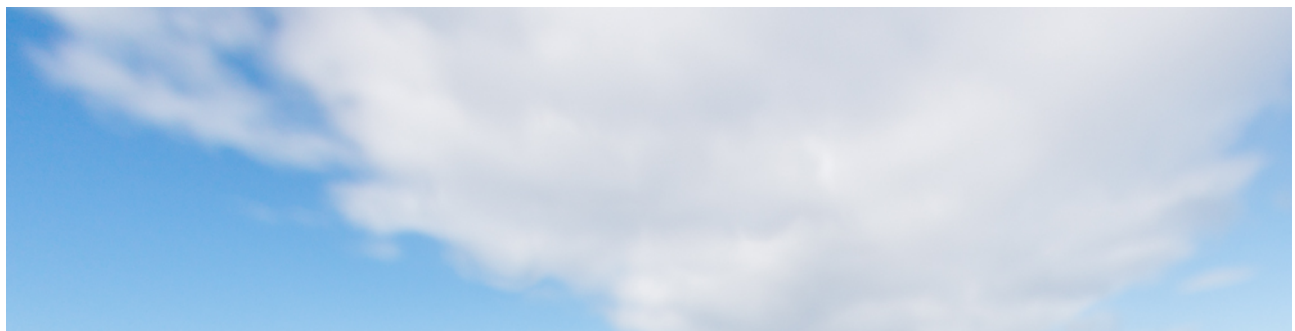




Henry's Rib



The Queue





She Told Us To Trust Our Intuition



Inside the Wave



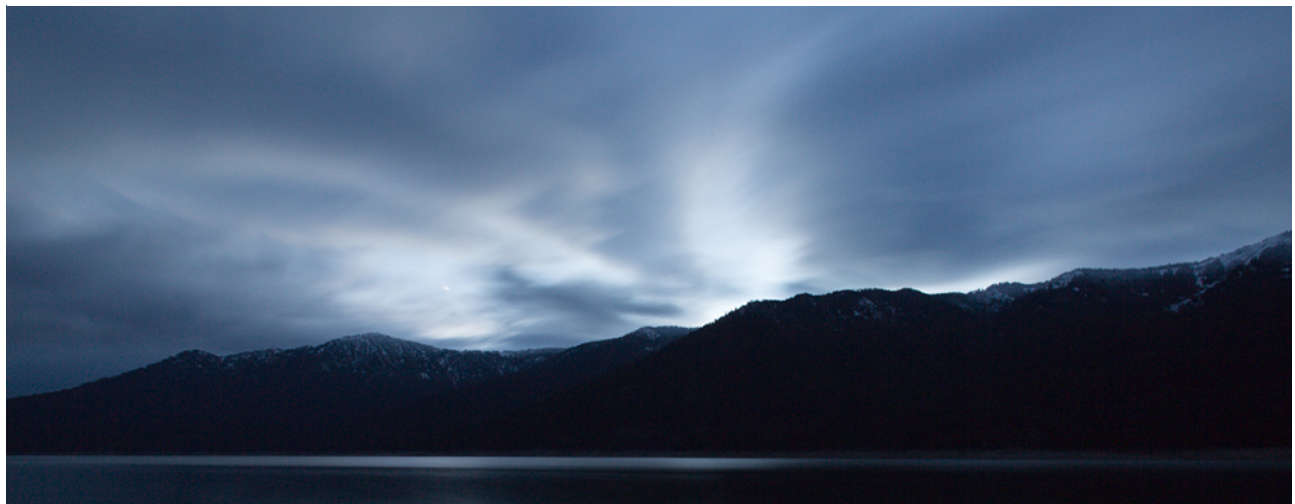
All The Colors I Am Inside

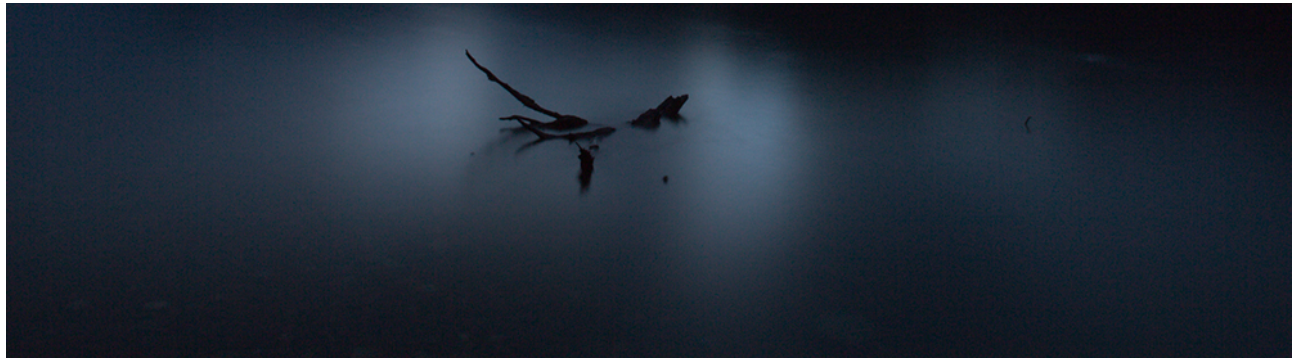


'Au'au Channel



Fronde (no.1)





Cle Elum Lake

